

ORDER OF THE 12 EVENTS OF A COMPETITIVE SWIM MEET

200 YD. MEDLEY RELAY: 4 swimmers
(1st swimmer=50 yd. back, 2nd=50 yd. breast, 3rd=50 yd. fly, 4th=50 yd. free)

200 YD. FREESTYLE: 8 lengths of the pool Freestyle

200 YD. INDIVIDUAL MEDLEY: 8 lengths as follows 50 yd. fly, 50 yd. back, 50 yd. breast, 50 yd. free)

50 YD. FREESTYLE: 2 lengths Free

DIVING: 6 dives (Voluntary dive of Week plus 5 optional dives coming from 4 different categories)

100 YD. BUTTERFLY: 4 lengths Fly

100 YD. FREESTYLE: 4 lengths Free

500 YD. FREESTYLE: 20 lengths Free

200 YD. FREE RELAY: 4 swimmers (each swimmer=50 yd. Free)

100 YD. BACKSTROKE: 4 lengths Back

100 YD. BREASTSTROKE: 4 lengths Breast

400 YD. FREESTYLE: 4 swimmers (each swimmer=100 yd. Free)

Note: The pool is 25 yards in length. 50 yds. =2 lengths of the pool, 100 yards= 4 lengths, etc.